



Recommended Books about Foster Care and Adoption

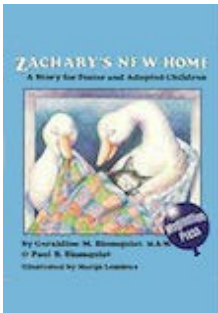


Murphy's Three Homes: A Story for Children in Foster Care

AGES 3-8

Jan Levinson Gilman and Kathy O'Malley

This book tells the story of a puppy named Murphy who is moved from place to place until he ends up at a home where he is loved and cared for. It is written for foster children, but it could also be used to introduce siblings to the concept of foster care adoption.



Zachary's New Home: A Story for Foster and Adopted Children

AGES 4-8

Geraldine M. Blomquist & Paul B. Blomquist

Children in foster care have usually suffered painful separations from their families for reasons they may not understand, and are often very confused, angry, and sad. The story of Zachary the kitten's journey through foster care and eventual adoption by a family of geese allows children to explore their experiences, problems, and emotions.



Welcome Home, Forever Child: A Celebration of Children Adopted as Toddlers, Preschoolers, and Beyond

AGES 2-8

Christine Mitchell

Author Christine Mitchell adopted her daughter from foster care at age four, and struggled to find a book that reflected her daughter's journey to adoption. This book focuses on and celebrates the adoption of children after infancy. It is geared to help parents reassure children of their permanent place in the new family, and of how much they are wanted and loved.

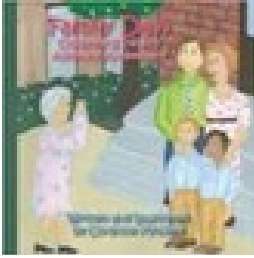


Hootah's Baby

AGES 4-8

Joanne Green

This book is intended for children who have gone through court-ordered relinquishment or state custody. It tells the story about an owl who loves her baby very much, but is unable to be a good mother, so others in the community step in to keep the baby safe. It also includes a help section for adults with tips for promoting an open discussion about the issue.

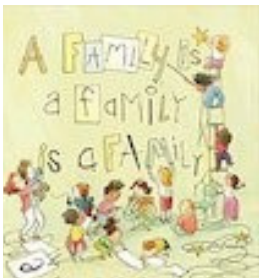


Family Day: Celebrating Ethan's Adoption Anniversary

AGES 4-8

Christine Mitchell

Family Day is the story of five year old Ethan and his family celebrating the one year anniversary of his adoption and discuss his birth family and adoption journey. Ethan's joyful, yet curious approach to his special day brilliantly captures the feelings of foster care children wanting to be a part of an adopted family while also grieving the loss of their birth family. The book is an excellent way to start a discussion about why families might be motivated to adopt, how the process occurs, and the varied feelings associated with adoption.

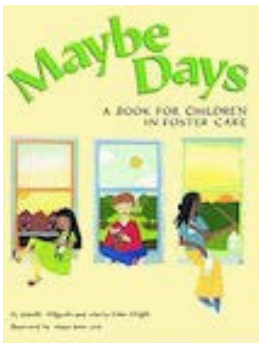


A Family Is a Family Is a Family

AGES 4-7

Sara O'Leary

This book is intended for children who have gone through court-ordered relinquishment or state custody. It tells the story about an owl who loves her baby very much, but is unable to be a good mother, so others in the community step in to keep the baby safe. It also includes a help section for adults with tips for promoting an open discussion about the issue.



Maybe Days: A Book for Children in Foster Care

AGES 4-7

Jennifer Wilgocki and Marcia Kahn Wright

For many kids in the foster system, the answer to their questions is often maybe. *Maybe Days* is a straightforward look at the issues of foster care, the questions that children ask, and the feelings that they confront. The book also explains in simple terms the responsibilities of everyone involved – parents, social workers, lawyers, and judges.



Kids Need to Be Safe: A Book for Children in Foster Care

AGES 4-10

Geraldine M. Blomquist & Paul B. Blomquist

Kids need safe places to live which, for some kids, means living with foster parents. In simple words and pictures, this book explains why some kids move to foster homes, what foster parents do and ways kids might feel during foster care. It also addresses the common fear that children are in foster care because of their bad behavior, making clear that the troubles in their lives are not their fault.



A Different Home: A New Foster Child's Story

AGES 4-10

Geraldine M. Blomquist & Paul B. Blomquist

A picture book telling the story of a young girl named Jessie as she adjusts to being placed in foster care and her new home. Written in simple language with beautiful illustrations, *A Different Home* is designed to help children in foster care, or moving to foster care, settle in and answer some of the questions they may have. It is accompanied by notes for adults on how to use the story with children.

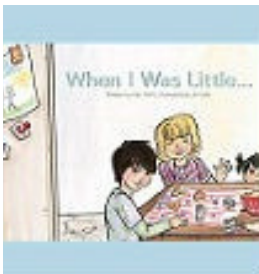


Sometimes... A Story of Transition For Foster and Adopted Children

AGES 4-10

Keri Vellis

Author Keri Vellis, a mother of six by birth and foster care adoption, wrote *Sometimes...* after she was unable to find age-appropriate books about foster care to read to her own children. *Sometimes...* follows the story of a timid foster child and a teddy bear as they learn about their new home. The book acknowledges that this transition can be frightening and is designed to help children understand and feel safe along their journey, all while providing comfort and acceptance into their new environment.

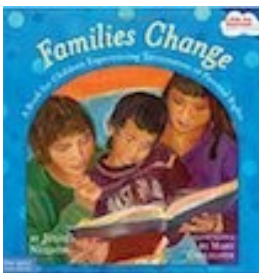


When I Was Little... A Child's Journey in Overcoming Abuse & Trauma

AGES 4-10

Keri Vellis

Keri Vellis's second book is written for children who have suffered from abuse or trauma. It tells the story of a child who struggles with emotions and learns to share difficult feelings and experiences with trusted individuals, eventually finding comfort and security in a safe and loving environment. An excellent tool for discussing difficult life experiences with young foster children.

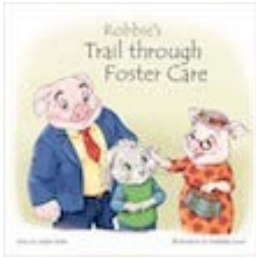


Families Change: A Book for Children Experiencing Termination of Parental Rights

AGES 4-10

Julie Nelson

All families change and this book focuses on helping children know it is not their fault. The book reminds children that they can remember and value their birth family while also loving their new family. Includes resources and information for birth parents, foster parents, social workers, counselors, and teachers.

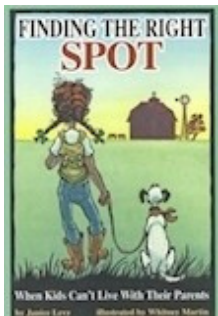


Robbie's Trail through Foster Care

AGES 5-10

Adam Robe

Robbie's Trail through Foster Care and other books in the series are great tools for children in the foster care/adoption system adjust to tough changes in life. Adopted at age nine, Adam Robe is now a child welfare professional and author. If you've been looking for quality foster care adoption book for children, you can stop searching. The book is designed to be read to the child by the foster parent and for them to both work through the accompanying activity book together. A supplemental adult guide is also available to help spark discussion and guide the parent's responses.



Finding the Right Spot: When Kids Can't Live With Their Parents

AGES 6-10

Regina M. Kupecky and Christine Mitchell

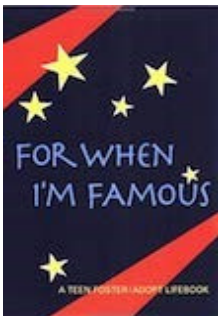
The story of a young girl living with her foster parent, *Finding the Right Spot* poignantly captures the emotional ups and downs of being separated from her mother and living in unfamiliar surroundings. A great story about disappointment and reconciliation for all kids who can't live with their parents, regardless of the circumstances. An afterward by Jennifer Wilgocki, MS, and Marcia Kahn Wright, PhD, discusses the emotional experience of children who are in foster care, kinship care, or otherwise not living with their parents, and the vital support that the adults in their lives can offer.



Waiting to Forget **Sheila Kelly Welch**

AGES 10+

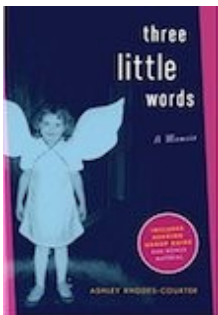
A touching story about two siblings who have been adopted from foster care but have not let go of their difficult past. The story is told from eleven-year old T.J.'s point of view, shifting between his memories of neglect and abuse and the uncertainty and struggles of the present day. A touching, heart-breaking read about survival, second chances and moving beyond the past to a better future.



For When I'm Famous: A Foster/Adopt Teen LifeBook **Beth O'Malley**

AGES 10+

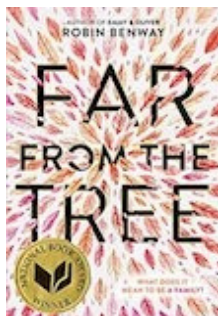
A workbook designed for the teen or tween who is tired of talk therapy, yet needs help with their complicated history of abuse/multiple moves. It has 31 fill-in-the-blank pages, starting with their birthday party invite list and ending with dreams for the future, and includes space for 14 different moves. This lifebook is geared towards older kids who are thinking about their future, their friends, school, activities, and their interests.



Three Little Words: A Memoir **Ashley Rhodes-Courter**

AGES 13+

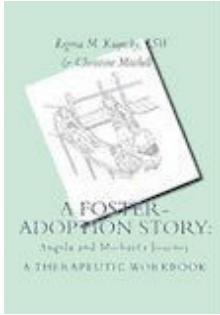
A poignant story about two siblings who have been adopted from foster care but have not let go of their difficult past. The story is told from eleven-year old T.J.'s point of view, shifting between his memories of neglect and abuse and the uncertainty and struggles of the present day. A touching, heart-breaking read about survival, second chances and moving beyond the past to a better future.



Far From the Tree **Robin Benway**

AGES 13+

A captivating young adult fiction novel about the story of three teen siblings who were separated from each other in the foster system and, through a series of events, find each other. It's obvious that the author has some depth of experience in the field of foster care, evidenced by her poignant portrayals of the teens' sense of loss, abandonment, identity questions, and even ambivalence about their individual stories. In addition to building relationships with each other once reunited, the teens have to navigate pretty difficult home-life situations. The conversations between the siblings have a ring of authenticity that is often very moving for the reader. *Far From the Tree* is a quick, easy read and a great peek into an adolescent perspective on the twists and turns of foster care, foster to adopt, and the added layer of family dynamics that many teens are facing both in and out of the system.

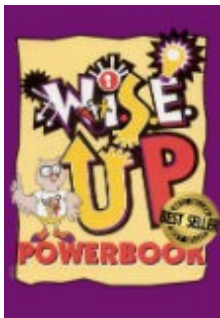


A Foster-Adoption Story: Angela and Michael's Journey – A Therapeutic Workbook for Traumatized Children

AGES 5-11

Regina M. Kupecky and Christine Mitchell

A Foster-Adoption Story tells the story of Angela and Michael, a brother and sister, from their abusive birth family through the foster care system to their eventual adoption. They experience abuse, neglect, multiple foster care moves, and sibling separation before eventually being adopted. The workbook is designed to foster discussions about the child's time in the foster care system, multiple moves, separation issues, loyalty issues and siblings. A useful therapeutic tool to help children process their experiences and grief along the path to healing.

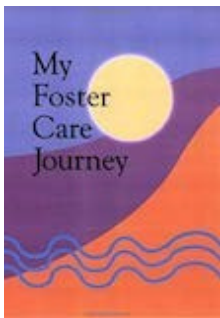


W.I.S.E. Up! Powerbook

AGES 6-16

Center for Adoption Support and Education

Created by the Center for Adoption Support and Education (CASE) in 2009, the *W.I.S.E. Up Powerbook* is designed to help adopted children and children in foster care learn how to confidently handle their story and answer questions from others on their own terms. The book presents realistic situations that adopted and foster kids are likely to encounter, and guides parents and kids through different approaches to answering. Organized around the acronym *W.I.S.E.*, kids learn that they can **W**alk away, **I**t's private, **S**hare something, or **E**ducate others.



My Foster Care Journey

AGES 2-8

Beth O'Malley

A “ready-made” life book suitable for any child who has spent time in foster care. It captures essential information of the child's journey and helps them make sense of their life. *My Foster Care Journey* is spiral bound and has 27 fill-in-the-blank pages, allowing foster parents to work quickly, and can complement any permanent goal (i.e. guardianship, reunification, adoption).



Under His Wings: Truths to Heal Adopted, Orphaned, and Waiting Children's Hearts

AGES 10+

Sherrie Eldridge & Beth Willis Miller

This religious curriculum is meant for children 9 and older. Written by adult adoptees, it uses the story of Moses to help adoptees work through issues surrounding their relinquishment and adoption. The comparisons to the best known biblical adoptee are designed to give kids hope and helps them to realize that there is a way to get through seemingly impossible sadness, depression, and anger.

Name: _____



BOOK REVIEW

Share with us your thoughts about a book on the list or recommend another book to add to this list.

Title: _____

Author: _____

Star Rating:

Summary:
