



Nexus-Woodbourne
FAMILY HEALING



2022 ANNUAL REPORT

A Letter from Our CEO & Executive Director

The mental health crisis facing our local youth and families continues to impact not only these individuals but also the communities in which we all live.

For decades, Nexus-Woodbourne Family Healing has been a key resource for Maryland's at-risk youth with the most significant and complex trauma and mental health challenges – youth who require a dedicated team providing trauma-informed care to help them create a healthy path forward.

Over the past year, we have continued to focus our efforts in providing safety and healing for youth with the greatest needs through three key programs:

- 82 youth received intensive psychiatric residential care and treatment.
- 22 youth found hope for a new future through our specialized short-term residential program for youth recovering from human trafficking.
- 55 youth found safety and care with local foster care families skilled in addressing trauma-related needs.

Throughout their treatment, all youth in our residential care continued their educational progress through our onsite educational and vocational services.

Our trauma-informed care is not just about providing a place for youth to stay; it is about creating a safe environment that supports youth in healing from the trauma they have experienced and empowers them to develop the tools they need to find hope and rebuild their future.

In addition to providing mental health treatment, Nexus-Woodbourne provides youth with a wide range of activities through summer recreation programs,

Our Mission
Changing the course of a child's life by stabilizing families and strengthening mental health.



Dr. Michelle K. Murray
President/CEO
Nexus Family Healing



Bryon Fracchia
Executive Director
Nexus-Woodbourne
Family Healing

vocational skills, an on-campus work program, and social skills through community service opportunities in partnership with local schools, churches, and hospitals. We rely on donations from the community to make these opportunities possible.

Support from friends like you have allowed us to create new “welcome to wellness” bags to provide incoming youth with the small but impactful “comforts of home” during their stay with us and made it possible to build our sensory therapy program, allowing youth additional ways to find calm during difficult times.

When you are alongside us in our work, we can build a vision for the future of care and opportunities for the youth who turn to us during their most challenging times. This vision includes enhancing the environment in which we care for our youth, reducing stigma about mental health, and building more relationships to reach even more families across Maryland who need the safety, healing, and empowerment offered through Nexus-Woodbourne.

We thank you for your support in this truly life-saving work and for being part of our Nexus-Woodbourne family.



Our Services

Residential Treatment

We provide treatment programs for youth ages 12–18 struggling with their mental, behavioral, and emotional health and we serve youth who have been or are at risk of commercial sexual exploitation. Within a safe, trauma-informed environment, our youth get the intensive therapeutic support they need to heal, grow, and thrive. We do this to help them develop the ability to live safely with their families, within their communities or to live independently.

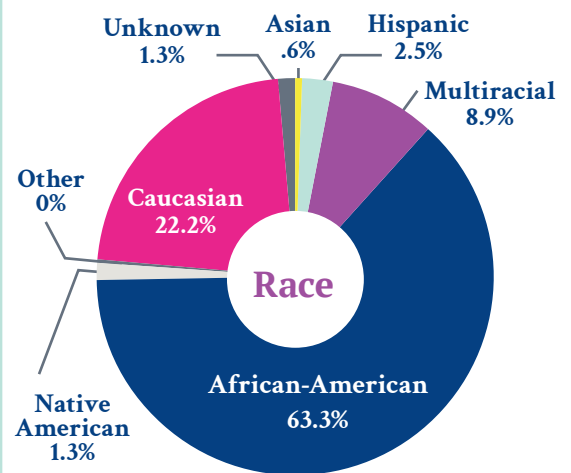
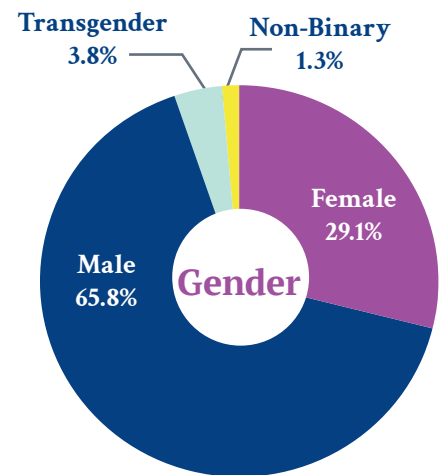
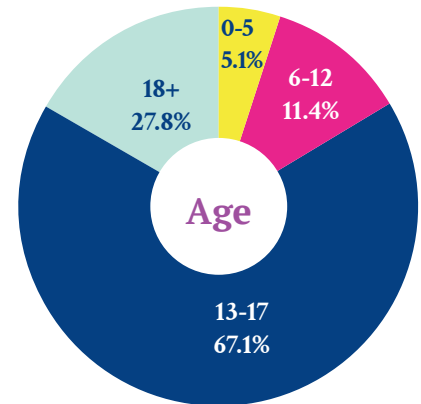
On-Campus Education

We believe all students are capable of academic achievement, regardless of their history, mental health diagnosis, or their past school experiences. Our clinical, medical and education program staff work in tandem so that each youth is provided consistent care that addresses their individual program needs. It's our commitment to provide a new educational experience that supports youth in moving toward their newly discovered potential.

Treatment Foster Care

Children enter foster care due to an unsafe and/or unstable home environment. When a family system breaks down or a crisis occurs, we're here to help. Our Treatment Foster Care program trains and licenses treatment foster care parents to provide in-home care to youth who are in need of mental health services. Foster parents are specifically equipped to support youth struggling with severe emotional and behavioral problems, helping them build healthy relationships and valuable life skills. Foster families work closely with a case worker, the child's custodian, and other service providers to ensure the best care for each individual child.

Who We Serve



Dontavius's Story

In late winter of 2021, Dontavius arrived at Nexus-Woodbourne Family Healing with a complicated history filled with trauma. He was struggling with his family relationships, had difficulties controlling his emotions, and an academic transcript that was equally challenging. At first, his transition into Nexus-Woodbourne was difficult, specifically trusting and understanding that our care team was here to support him and to help him through his difficult moments of wanting to give up.

As time progressed, Dontavius joined our Youth Work Program on campus where he developed his soft job skills while also earning a paycheck. His desire to complete high school grew; however, with this also came feelings of anxiousness about whether he would be able to accomplish this milestone or not. Dontavius worked with his teachers to create a solid plan to help him obtain his needed credits to graduate. The only class left was Spanish. His educational county, the Woodbourne School, and residential treatment teams collaborated to provide evening on-campus tutoring support and online classes. With this structure and guidance, Dontavius completed his last credit. Dontavius was ecstatic and extremely proud of his tremendous accomplishment.

Dontavius had his mind set on graduation day and walking across the stage to accept his diploma. The Nexus-Woodbourne team came together to create personalized ceremony to ensure his day was perfect. As graduation day approached, Dontavius learned the devastating news that his mother nor any of his relatives would be attending. He was heartbroken.

But on graduation day, Dontavius was not alone. The Nexus-Woodbourne campus supported and cheered him on as he walked the stage – from clinicians to campus facilities to the entire student



body. Dontavius proudly delivered his graduation speech in front of a hundred members of his Nexus-Woodbourne family. As he spoke, he talked about the impact Nexus-Woodbourne had on him from the first day he arrived and the many relationships he built. The entire gymnasium roared in thunderous applause.

Today, Dontavius plays as an alumni member of The Woodbourne Bulls Flag Football Team and continues to work on his job skills. He will soon step out on his own as an adult and while he must do so without the support of his family, his Nexus-Woodbourne family will ensure he will not be alone. Dontavius will take with him all the healthy relationships he built during his healing process and his heartwarming success will live on for all of us at Nexus-Woodbourne.

Financials

	2022	2021
CURRENT ASSETS		
Cash and cash equivalents	132,445	7,494
Operating investments	726,638	774,168
Accounts Receivable	3,678,614	3,622,362
Promise to give	50,000	
Prepaid Expenses and the current assets	208,056	27,098
Total current assets	4,795,753	4,431,122

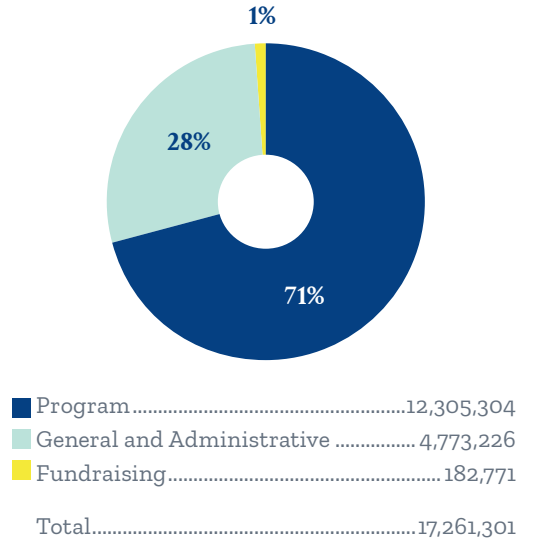
NONCURRENT ASSETS		
Property and equipment, net	3,480,060	3,741,616
Beneficial interest in assets held by community foundation	294,325	375,514
Beneficial interest in charitable trusts held by others	4,349,620	5,188,283
Total noncurrent assets	8,124,005	9,305,413
Total assets	\$12,919,758	\$13,736,535

CURRENT LIABILITIES		
Current portion - bonds and notes payable	63,542	61,180
Accounts payable, other accrued expenses and other liabilities	531,015	1,592,288
Due to affiliates	1,967,846	2,294,031
Accrued salaries and benefits	595,678	558,312
Total current liabilities	3,158,081	4,505,811

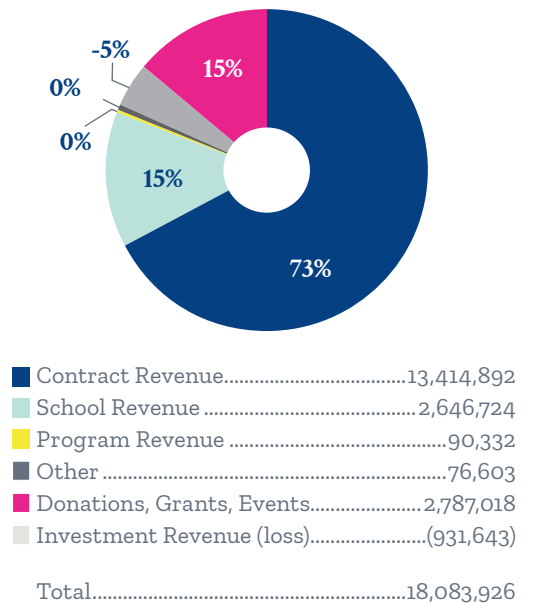
NONCURRENT LIABILITIES		
Other long-term liabilities, net of current position		230,404
Long-term note payable, net of current position	41,867	103,135
Total noncurrent liabilities	41,867	333,539
Total liabilities	3,199,948	4,839,350

NET ASSETS		
Without donor restrictions	5,261,247	3,623,973
With donor restrictions	4,458,563	5,264,212
Total net assets	9,719,810	8,897,185
Total liabilities and net assets	\$12,919,758	\$13,736,535

EXPENSES



REVENUE





Pets on Wheels visits Nexus-Woodbourne youth to allow some time with their Therapy Dogs. We are very grateful for the program enhancements we are able to offer our youth due to the support we receive from our donors.

“Now more than ever, Nexus-Woodbourne Family Healing is essential to those we serve. Donors make a difference in the lives of the youth and families we serve. We couldn’t do this life changing work without you. We are forever grateful.”



– Meghan Butterworth
Regional Development Director-Maryland
Nexus Foundation for Family Healing

“The children under the care of Nexus-Woodbourne Family Healing, are there because they have experienced trauma and abuse that no child should ever experience. They need a therapeutic, and holistic residential program to heal and stop the violence forever.”

– Tere Geckle
Nexus-Woodbourne Donor – The Comforts of Home Program



Tere Geckle, Donor, Cate Ilardo, Nexus-Woodbourne Family Healing Board Member, and Chris Ilardo, Donor at Nexus-Woodbourne's annual Building B'more Connections Event.



Bryon Fracchia, Nexus-Woodbourne Executive Director, takes a moment to visit with a youth struggling with anxiety.

“Every moment of support we can provide to the children we care for at Nexus-Woodbourne is an opportunity to change their life. We are so grateful for the amazing donors and volunteers, who, each year, choose to dedicate their support to the youth of Nexus-Woodbourne. We could not do this critical work without them.”

– Bryon Fracchia
Nexus-Woodbourne Executive Director



“The importance of partnering with our community is stronger now more than ever. This is our opportunity to stabilize these individuals and their families, strengthen mental health every day and in turn change the course of the lives of those around us. These partnerships will allow us to provide the very best care we can to the youth we serve now and in the future.”

– Cate Illardo
Nexus-Woodbourne Family Healing Board Member

Nexus-Woodbourne Family Healing Board of Directors

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Cale Christensen
Vice Chairperson/Treasurer

Dr. Michelle K. Murray
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Leslie Ashley
Board Member

Cate Illardo
Board Member

Kevin Johnson
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Bryon Fracchia
Executive Director

Meghan Butterworth
Regional Development
Director-Maryland
Nexus Foundation for Family Healing

Dr. Tess Carpenter
Clinical Director





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Visit our website at NexusWoodbourne.org



No child or family is ever beyond hope.

Nexus-Woodbourne Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies with over 50 years of restoring hope for thousands of children and families through outpatient/community mental health services, foster care and adoption, and residential treatment. Whatever your needs, Nexus Family Healing is here to help. Learn more at NexusFamilyHealing.org.

Nexus Foundation for Family Healing

The Nexus Foundation for Family Healing exists to advance the mission and goals of Nexus and related entities by securing philanthropic investments to support operations, advance key strategic initiatives, enhance and expand services and promote long-term economic stability.